

**R**et's

**R**ay

**SUNDAY, JANUARY 15,  
2012**

**1:00 PM—5:00 PM  
WORKSHOP**

**\$25**

**6:30 PM—8:30 PM  
DINNER AND DEEPENING  
WORK FOR EXPERIENCED  
MEDITATORS**

**\$20**

**ST. MARGARET'S  
EPISCOPAL CHURCH  
20900 CHENAL PKWY  
LITTLE ROCK, AR  
FOR MORE INFO:**

**602-570-4226**

**SCPSALEM1@GMAIL.COM**

Join us for a landmark event, as representatives of the Christian, Jewish, Islamic and Buddhist faiths teach how their respective religions engage in silent, contemplative prayer. The workshop will be held from 1:00 p.m.—5:00 p.m. and is designed for people of all stages of experience in meditative prayer. The cost is \$25. Specific contemplative prayer techniques will be taught, and there will be two opportunities to practice contemplative prayer in the Arkansas House of Prayer.

For people further in their meditation journey, the Rev. Susan Sims Smith will offer a dinner and new teaching to deepen the journey from 6:30 p.m.—8:30 p.m. The cost is \$20 for dinner and the evening class, or \$15 for participants in the Interfaith Prayer Workshop.

Sponsored by Arkansas House of Prayer, the Interfaith Center of the Institute for Theological Studies at St. Margaret's (ITSSM) and St. Margaret's Episcopal Church.

### Registration Form

Full Name (please print): \_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email Address: \_\_\_\_\_

Please check one:    1:00 p.m. -5:00 p.m. Interfaith Prayer Workshop (\$25)  
                              6:30 pm—8:30 pm Dinner and Deepening Work for Advanced Meditators (\$20)  
                              Both (\$40)

Please send payment and registration form to :

The Interfaith Center  
c/o ITSSM  
221 W. 2nd St, Suite 722  
Little Rock, AR 72201

# Workshop Presenters



**Rabbi Eugene Levy, Ret., “Preparing to Pray from the Jewish tradition”** Rabbi Levy recently retired in October after serving as Rabbi of Congregation B’Nai Israel since 1987. He has had a dedicated career in interfaith efforts, including serving as Chairman of the Advisory Committee of the Arkansas Interfaith Conference in 1989 and co-founding the Arkansas Interfaith Alliance.



**Sophia Said, Senior Policy Analyst of Ingenuity Outcomes, “Dhikr—a Sufi Muslim’s way to meditate”** Sophia Said is a native of Pakistan and moved to the United States where she received a degree in development economics from the University of Utah and a graduate degree from the Clinton School of Public Service in Little Rock Arkansas. Mrs. Said works with the Little Rock Muslim community in their outreach efforts and is deeply committed to promoting interfaith dialogue and understanding among various faith groups in Arkansas.



**Anna Cox, Coordinator, Compassion Works For All, “Meditation from the Buddhist Perspective.”** After being a psychotherapist and student of Buddhism since the early 1970s, she is now very focused on the work of Compassion Works for All which teaches compassion to everyone, everywhere, but most particularly to those in prison. She also leads Buddhist prayers and practices at the Ecumenical Buddhist Society in Little Rock.



**The Rev. Susan Sims Smith, Director, Interfaith Center, “Centering Prayer”** The Rev. Susan Sims Smith was a Jungian oriented psychotherapist for 25 years. She has been an Episcopal priest for 11 years. She started Seedwork ([www.seedwork.org](http://www.seedwork.org)), a project to teach people how to listen to wisdom from their dreams and from meditation. She spearheaded the foundation of the Arkansas House of Prayer ([www.arkansashouseofprayer.org](http://www.arkansashouseofprayer.org)), an interfaith center for prayer and meditation.

*The goal of the Interfaith Center is to reduce the hatred and fear among the world religions.*

Visit us at [www.itssm.org/interfaith.html](http://www.itssm.org/interfaith.html)

## The Interfaith Center

The Rev. Susan Sims Smith and  
Sarah Catherine Gutierrez  
Institute for Theological Studies at St. Margaret’s  
221 W. 2nd St, Suite 722  
Little Rock, AR 72201

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